



Family Photography

Becky Holdstock - Olivejoy Photography

The importance of family photos

- ◆ Photographs preserve time and memories
- ◆ Photographs are heirlooms
- ◆ Good photos boost confidence

Taking photos of families

- ◆ Capturing memories
- ◆ Capturing personalities & family dynamics
- ◆ Capturing honest emotions
- ◆ Capturing real life moments

Taking photos of children

- ◆ Be spontaneous
- ◆ Be creative
- ◆ Be fun and relaxed
- ◆ Allow them to be themselves

(Do's) & Don'ts

- ◆ DO look for opportunities to take photos
- ◆ DO be brave and experiment with your camera
- ◆ DO find a style that suits you
- ◆ DO have fun
- ◆ DO get in the photos too

Do's & (Don'ts)

- ◆ DON'T worry if you don't see great results at first
- ◆ DON'T be afraid to tell people what to do
- ◆ DON'T put people in a box
- ◆ DON'T be too hard on yourself

Practicalities

- ◆ Natural light
 - avoid direct/harsh light and shadows
 - sunshine isn't always a good thing
 - experiment with angles
- ◆ Camera functions
 - focusing - aim to focus on a person's eyes
 - lower aperture creates depth/emotion
 - ISO - high ISO can cause grainy skin tones
 - shutter speed - capture those milliseconds moments
- ◆ Editing
 - lightroom/photoshop can beautifully enhance photos
 - post processing and editing can bring life to an average photo

SHUTTER SPEED

BULB	30"	15"	10"	5"	1"	1/25	1/50	1/100	1/250	1/500	1/1000	1/2000	1/8000
	NIGHT BLURRY SHOTS LOW LIGHT					OUTDOORS FAMILY SHOTS SUNNY DAYS					SPORTS ACTION SHOTS WILDLIFE		

APERTURE

f/1.8 f/2.8 f/4 f/5.6 f/8 f/11 f/16 f/22

SHALLOW DEPTH OF FIELD
BOKEH
ALLOWS MOST LIGHT IN

SHARPEST
APERTURES

DEEP DEPTH OF FIELD
MORE OBJECTS IN FOCUS
SHARPER BACKGROUNDS

ISO

100	200	400	800	1600	3200	6400
SUNNY DAY OUTDOORS EVERYDAY USE			DAWN TWILIGHT		NIGHT PHOTOGRAPHY ASTRO-PHOTOGRAPHY LOW LIGHT	

EXPOSURE

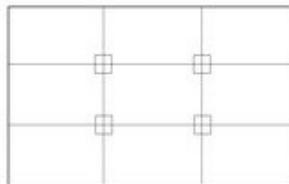


COMPOSITION

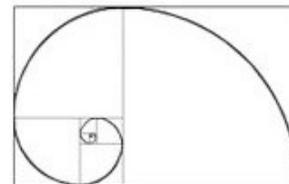
RULE OF THIRDS

LANDSCAPES:
-PLACE HORIZON ALONG
ONE OF THE HORIZONTAL
LINE FOR BALANCE

PORTRAIT/OTHER
-PLACE OBJECTS OF
INTEREST OFF CENTRE
AT ONE OF THE JUNCTIONS
MARKED WITH SMALL
SQUARES



RULE OF PHI



THIS RELATES TO THE
MAGICAL FIBONNACCI
SPIRAL. YOU BEGIN WITH
THE RULE OF THIRDS AND
THEN CHANGE UP THE
COMPOSITION BY PLACING
FOCUS INTO ONE OF THE
AREAS. MANY FAMOUS
IAMGES FROM THE PAST
USE THIS RULE AND IT WILL
DRAMTICALLY IMPROVE
YOUR WORK.